

MFOS Peer Mentor Virtual Video Submission Instructions

Step 1: Log onto [YouTube](https://www.youtube.com).

Step 2: If you do not have an account, please create one.

Step 3: Check your background for anything distracting

Step 4: Record your video submission, answer the four questions (listed on page 2). Quality is not that important! Feel free to record on your phone or webcam.

Step 5: On YouTube, click on “Your videos” on the left hand side.

Step 6: In the upper right-hand corner, click “create” and then “upload videos”.

Step 7: Select the file you would like to upload.

Step 8: Title your video: “First Name Last Name MFOS Mentor Submission”.

Step 9: Mark your video as “unlisted”; this means only people with the link will be able to view.

Step 10: Save and publish!

Step 11: Copy your video link and submit it with your mentor application.

MFOS Peer Mentor Virtual Video Submission Questions

Reminder: your video and application are due March 21st at 11:59 pm!

Please keep videos under 3.5 minutes!

- 1) Tell us a little about yourself.

- 2) Why do you want to serve as an MFOS peer mentor?

- 3) A mentee comes to you with concerns about failing a class. They're also feeling really homesick and are thinking of leaving UF. What steps would you take to support this mentee?

- 4) A mentee is very slow to respond, sometimes doesn't show up for your monthly meetings, and when they do, they are not engaged and complain that meeting with you is a "waste of time". How would you continue to support this mentee and try to build rapport?